



**PAEDIATRIC
SEATING SOLUTIONS**

Rainbow Centre School,
Paediatric Seating Solutions Pte Ltd
and Medifab proudly present:

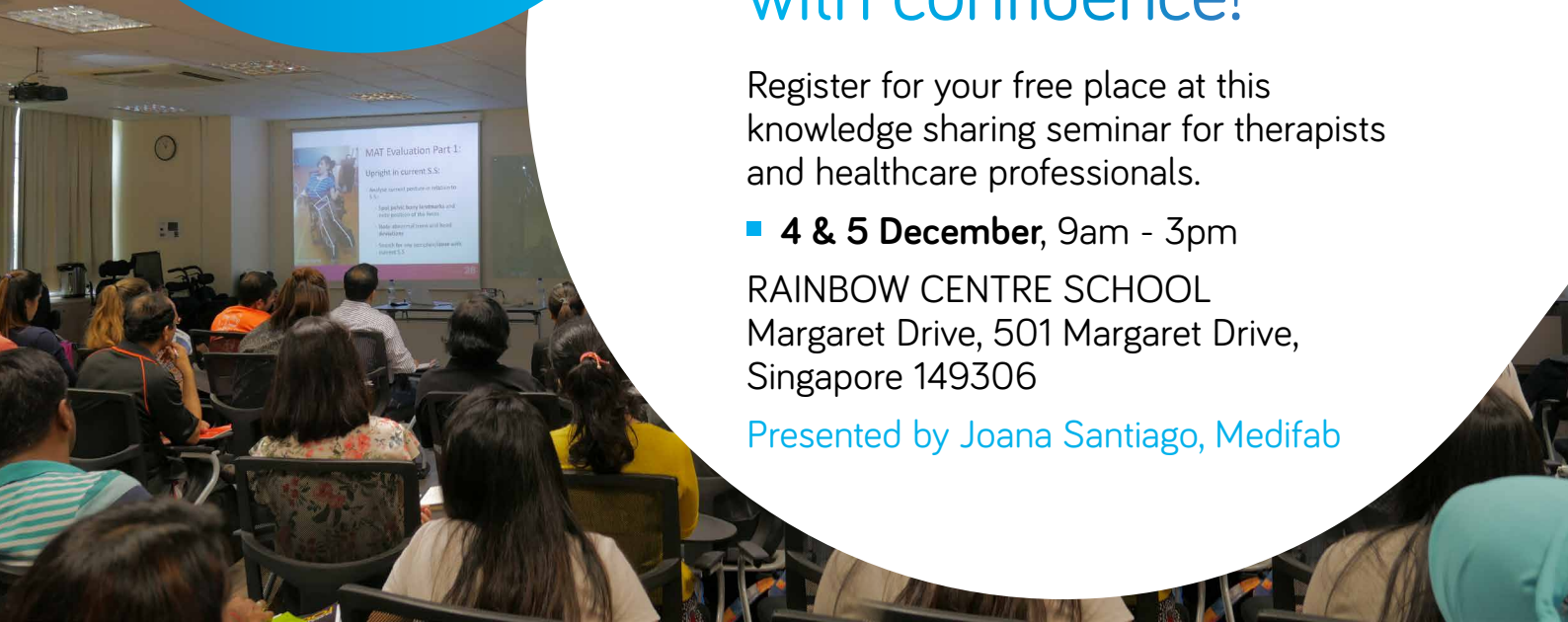
Prescribing complex rehab equipment with confidence!

Register for your free place at this
knowledge sharing seminar for therapists
and healthcare professionals.

■ **4 & 5 December**, 9am - 3pm

RAINBOW CENTRE SCHOOL
Margaret Drive, 501 Margaret Drive,
Singapore 149306

Presented by **Joana Santiago, Medifab**



Why attend?

A fantastic opportunity to hear from an international presenter with years of clinical experience. Don't miss your chance to further your clinical knowledge for free!

Topics

- 1 Fundamental principles and biomechanics of seating – understanding common postural deviations and the consequences of poor postural management
- 2 Practical considerations and strategies to increase postural support and balance to facilitate for function
- 3 The importance of head positioning as part of the process
- 4 SPEX seating range - from the latest updates to clinical applications

Learning Objectives

- 1 Comprehend how the provision of a 24-hour Posture Management programme may prevent body shape distortion
- 2 Understand the biomechanics of seating, lying and standing
- 3 Expand your clinical assessment skills & prescription strategies
- 4 Learn strategies for balancing postural and functional goals
- 5 Recognise how the provision of supported seating, lying and standing equipment benefits clients, parents and caregivers
- 6 Develop practical skills to put the knowledge presented into clinical practice

spex
Designed and
manufactured by
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**PAEDIATRIC
SEATING SOLUTIONS PTE LTD**


**Rainbow
Centre**
Empowered. Included. Thriving.

TURN OVER FOR SCHEDULE AND PRESENTER INFORMATION >>

Schedule

Day One

Wheelchair seating and positioning. What is the process? What should you consider to achieve postural and functional goals?

- **9.00 – 10.30am**
 - Fundamentals of seating and positioning
 - Biomechanics as applied to seating posture
 - Seating assessment process
- **10.30 – 11.30am Coffee Break**
- **11.00am – 12.30pm**
 - MAT/ physical assessment process: getting to the core of the problem
 - Translating findings from the seating assessment to product set up
- **12.30 – 1.30pm Lunch**
- **1.30 – 3.00pm**
 - Case studies and hands-on session

Day Two

Where is your client when he/she is out of his/her wheelchair? A 24-hour posture management approach.

- **9.00 – 10.30am**
 - Fundamentals of 24-h posture management
 - Night-time positioning. The importance of supporting our client during the day and during the night
 - Sleeping systems selection process
- **10.30 – 11.30am Coffee Break**
- **11.00am – 12.30pm**
 - Clinical benefits of standing
 - Hip integrity: what does the research say?
 - Standing frame selection process: prone, supine or upright stander?
- **12.30 – 1.30pm Lunch**
- **1.30 – 3.00pm**
 - Case studies and hands-on session

Joana Santiago BSc OT. Medifab Clinical Education Manager

Joana completed her degree in Occupational Therapy in Portugal and soon developed a passion for Posture Management and Wheelchair Seating & Positioning. With 15 years of experience, most of them dealing with clients with complex postural needs, Joana takes pride in her flexible ability to reach.

good clinical outcomes by considering the individual, cultural and social needs of those she works with. Joana has worked in several countries around the World and is now based in Australia as a Clinical Educator for Medifab where she is able to have a positive influence on the development, supply and training of their extensive range of products.

Joana has presented internationally, including at the European Seating Symposium (ESS), Oceania Seating Symposium (OSS), Asia-Pacific Occupational Therapy Congress and Canadian Seating and Mobility Conference (CSMC) and throughout Australia at in-services to seating clinics, ATSA Independent Living Expo, Assistive Technology Conference of Queensland (ATQ) and Australian Assistive Technology Conference (ARATA).

